

Senior Life Resources Northwest 2005 Annual Report

Senior Life Resources Northwest, Inc. is a non-profit organization dedicated to the improvement of life's quality and maintenance of independent living as an alternative to institutionalization by providing supportive care services through a trained and caring staff.

Executive Director's Report

Senior Life Resources Northwest continued its important mission of helping older adults and their families living in Eastern Washington. Home Care Services, Meals on Wheels and Senior Health Services programs continued to provide an array of supportive services that helped dependent individuals remain in their own homes and active in their communities.

The demand for Senior Life Resources community-based supportive care services continued to be strong and reflective of the increasing older population in this region.

Growth of in-home care services has remained high and a significant expansion of our well-qualified and trained services staff has sustained this growth. Union recruitment efforts and home care provider union interest has been an important development. Due to this interest, and because of enhanced state funded benefits available to unionized home care providers, Senior Life Resources has recognized the OPEIU Local 8 union as the representative for Home Care Services home care providers.

Mid Columbia Meals on Wheels has continued to provide its well-recognized daily hot home delivered meals to homebound clients and noontime meals at seven area dining centers. As part of our meal services, a new community education program, Take Charge of Your Health, was launched. Take Charge of Your Health offers older adults an opportunity to learn new information about nutritional choices and how these choices affect individual health. Nationally, Mid Columbia Meals on Wheels successfully completed an application and comprehensive survey process leading to a National Nutrition Certification by the Meals on Wheels Association of America.

Senior Health Services added to our Health Screening and Foot Care services a new noninvasive Osteoporosis Screening service. This quick and affordable service will enable both men and women clients to assess their bone density and potential risk levels related to older age bone loss.

Our continued work to provide these essential community services and service improvements for our clients are the result of the fine direction and support provided by our Board of Directors, United Way of Benton and Franklin Counties, the Southeast Washington Office of Aging and Long Term Care and the Yakama Nation Area Agency on Aging. My thanks to our great staff and everyone for their contributions and a successful 2005

John Rupp
Executive Director

PROGRAM SERVICES 2005

HOME CARE SERVICES

527,788 Hours of client supportive care provided in Southeastern Washington State

SENIOR HEALTH SERVICES

555 Health screenings provided in Benton and Franklin Counties

3,769 Foot Care treatments provided in Benton and Franklin Counties

MEALS ON WHEELS

122,849 Meals served in Benton and Franklin Counties

BOARD MEMBERS AND ADMINISTRATIVE STAFF

BOARD OF DIRECTORS

Donna Longwell (President) Lee Fortner (Vice-President)
Marge Webb (Treasurer) Val Schwinberg, Jon Barr, Kevin Husted, Herb Ayers,
Tom Seim, Shari Hallman, Dolores Clark, Ethlyn Baugh, Becky Austin,
Betty Sherman

ADMINISTRATIVE STAFF

John Rupp (Executive Director) Sharon Wehner (Human Resources Director)
David Cuykendall (Fiscal Director) Marcee Woffinden (Meals on Wheels Director)
Judy Kenner (Senior Health Services Director)
Cherie Noble & Fay Smith (Home Care Services Area Supervisors)